



ADRENALINRUSHTRAIL.COM

HA GIANG LOOP

**RIDE BEYOND THE TOURIST
TRAIL, SEE THE REAL VIETNAM**



DESTINATION



HA GIANG
ARRIVAL DAY

01

HA GIANG - MU CANG CHAI (LAPATAN PARADISE)

02

MU CANG CHAI - SAPA (SAPA MOUNTAIN RESORT BY MELIA)

03

SAPA - HA GIANG (HA GIANG HISTORIC HOUSE)

04

HA GIANG - DONG VAN (DINH ĐÁ H'MONG KASTERLY HOUSE)

05

DONG VAN - HA GIANG (HA GIANG HISTORIC HOUSE)



06

DEPARTURE DAY

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TOUR MAP

A.R.T HA GIANG LOOP



DAY 1

HA GIANG - MU CANG CHAI

1 DISTANCE

290 km

2 RIDING HOURS

7.4 HRS

3 ACCOMODATION

Lapatan Paradise

4 ROUTE DETAILS

- Depart from Ha Giang, riding through dramatic limestone peaks and deep valleys.
- Navigate winding mountain roads and remote ethnic villages along the northern frontier.
- Cross multiple scenic passes with sweeping views of rice terraces and river gorges.
- Arrive in Mù Cang Chải, home to Vietnam's most iconic stepped rice fields and authentic hill tribe culture.





DAY 2

MU CANG CHAI - SAPA

1 DISTANCE

155 km

3 ACCOMODATION

Sapa Mountain Resort by Melia

4 ROUTE DETAILS

- Ride out of Mù Cang Chải through golden rice terraces and peaceful mountain villages.
- Climb twisting highland roads that reveal sweeping valley views and cloud-covered peaks.
- Pass through ethnic minority hamlets and local markets along the way.
- Arrive in Sa Pa, nestled in the shadow of Fansipan, surrounded by misty mountains and vibrant Hmong culture.

2 RIDING HOURS

4 HRS





DAY 3

SAPA - HA GIANG

1 DISTANCE

326 km

3 ACCOMODATION

Ha Giang Historic House

4 ROUTE DETAILS

- Depart from Sa Pa, descending through misty mountains and rolling rice terraces.
- Ride along remote highland backroads, passing through quiet villages and forested valleys.
- Cross into more rugged terrain as you enter Ha Giang province, with sharper curves and wilder landscapes.
- Arrive in Ha Giang city, gateway to the legendary northern loop and home to rich ethnic diversity and frontier charm.

2 RIDING HOURS

8.9 HRS





DAY 4

HA GIANG - DONG VAN

1 DISTANCE

123 km

3 ACCOMODATION

Dinh Đá H'Mong Kasterly House

4 ROUTE DETAILS

- Begin your ascent from Ha Giang into the heart of the Dong Van Karst Plateau.
- Navigate narrow mountain roads, dramatic limestone cliffs, and deep valleys.
- Pass iconic landmarks like Quan Ba Heaven's Gate and Hmong villages clinging to the hillsides.
- Arrive in Đồng Văn, a remote highland town steeped in frontier history and ethnic culture.

2 RIDING HOURS

4 HRS





DAY 5

DONG VAN - HA GIANG

1 DISTANCE

166 km

3 ACCOMODATION

Ha Giang Historic House

4 ROUTE DETAILS

- Depart Đồng Văn via a longer, scenic back route through lesser-known highland trails.
- Ride along remote ridgelines, terraced slopes, and narrow cliffside roads with panoramic views.
- Stop at quiet ethnic villages and local markets off the main tourist path.
- Descend gradually back into Ha Giang city, completing the loop with fresh perspectives and unforgettable mountain memories.

2 RIDING HOURS

4.6 HRS





DAY 06

DEPARTURE DAY





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